

ENGLISH



DIARY WRITING

Maintaining a diary is generally a very good habit. Moreover, one can always check facts looking back, remember events, find an outlet and effectively document one's life this way. Also, some people even name their diaries and address them like an imaginary friend.

A personal journal is a private possession. In other words, this diary usually is just for you and it's not for public reading, so one can write liberally. But for the readers, diary entry generally written differently.

How to Write a Diary

A Diary is a journal organized by date where you express your thoughts, feelings, opinions, and plans. So, be as candid as you can. Because this journal is your safe place. If you don't know where to start, then start by writing about your day, about yourself, and so on.

There are few points to keep in mind to write a diary:

Always mention the date:

Pick a corner and keep it for mentioning the dates of your diary entry. You may not write every day. Some people are also specific about time and place as well. Again, it's about personal preferences. Since one usually keeps a diary for a long period of time, it's wiser to think out a general format for your diary entries and stick to it. You may iterate and change a few things depending on how you feel like, no one's watching it. I personally choose the top left for mentioning the date.

Choose a subject:

Just like a chapter, usually, there's a reason why you reached out to make a diary entry. For example, sometimes it's what happened that day or sometimes it is to write about something you want to do in the future or maybe to just mark an event that triggered a strong emotion in you like happiness, anger, excitement, etc. But whatever it is that you picked your journal for, your diary entry will have a topic that way.

Voice:

Now, we always address our entries in the first person. If you want, you can give it a name. Usually, people address their diary entries as – "Dear Diary"

Be honest, it's you who are talking to:

The key thing about a diary entry is that it is always kept truthful, natural and free-flowing. So, trust your thought train and don't stop or mince words for the fear of being watched or judged. As it is your space to let out all your feelings, so don't hold back.

Make it a habit:

Well, this one, I personally think, you only have to remind yourself as you begin to write. Eventually, it sort of becomes this friend you reach out to automatically. Most of the times you will find it very therapeutic to maintain a diary. It's wonderful how when you let out all the emotions, sometimes the endings get quite conclusive and lead in a positive direction. Like you already knew the answer to your questions yourself. You just had to get all the foggy clouds of emotions out of your way to see it.

Sample

- You went to receive your uncle and aunts from the Bangalore railway station. Write a diary where you share your experience of the journey from home to the railway station.

19th Jan 2021

Monday

9 PM

Dear Diary,

Today I went to Bangalore railway station, Yeshwantpura, to receive my uncle and aunt who were coming from Mumbai. It was a bright sunny day. Sun was shining like a star. While I and my father were crossing the Orion mall, we saw three elephants that made me reminded of my Kerala trip.

Last year I went on a Kerala trip, where we visited around 5 cities like Cochin, Wayanad, Munnar, Kovalam, and Alappuzha. All the places were really awesome and beautiful. Then we went to Elephant junction Thekkady, Kumily, where people go for elephant rides. I rode sitting above the elephant around for 2 and half hours. Then we have also done elephant bath and feeding. We took a lot of pictures with elephants. It was a nice trip and I still can't get over it.

Vikram

- You recently visited the 24th Crafts Mela at Suraj Kund, Faridabad. It was Mini India assembled at one place. Using the hints, make a diary entry of what you saw and experienced there.

Hints: • More than 20 states of India represented • Rajasthan—the theme state • Participation of foreign countries • cultural programmes, dances at 'Chaupal' and 'Rangmanch' • Food courts catering all kinds of foods • arts and handicrafts from the awarded artisans.

New Delhi

20th March, 20XX

Monday, 8:00 pm

Dear Diary,

The Crafts Mela at Suraj Kund was much more impressive and grand than what I had imagined. This year the 'Theme State' was Rajasthan. The whole campus was painted with the visuals of Ranthambore, Chittor, Jodhpur and Jaisalmer. It was Mini India assembled on a few hundred acres of land. All the awarded artisans from different states had set up their workshops and stalls there. Many countries, more particularly Pakistan, Nepal and Afghanistan gave it an international look. Bangles, jewellery decoration pieces, wall-hangings, purses, shoes, sarees, garments and cosmetics found thousands of buyers. Every evening there were cultural shows at the 'Chaupal' and the 'Rangmanch'. The 'Food Court' provided all kinds of delicacies for food-lovers. Basically, it was India in all its colours, tastes and sounds scattered on the Aravalli hills.

Sameer